

Women’s Size Chart

HOU2E0FONE

Measured in inches. To convert to cm, multiply by 2.54

NECK BASE	BUST	BICEP	ELBOW	WRIST	WAIST	HIGH HIP	LOW HIP	THIGH <small>CIRCUMFERENCE</small>	KNEE	CALF	ANKLE	ACROSS SHOULDER	ARM	TOTAL RISE	INSEAM	SIZE	US	UK	EU	JAPAN
13.75	33	10.25	9.37	5.37	25.37	31.37	35.12	20.87	13	12.5	8.37	14.87	22.87	24.75	30.5	XS	2	6	34	7
14	34.12	10.25	9.5	5.75	26.12	32.62	37.12	21.25	13.37	12.87	8.62	15.12	22.87	25	30.5	S	4	8	36	9
14.25	35.25	10.75	9.62	5.87	27	33.75	38.25	22.12	13.75	13.25	8.87	15.25	22.95	25.25	30.5	S	6	10	38	11
14.62	36.25	11.12	9.75	6	28	34.75	39.25	22.62	14.12	13.62	9.12	15.5	23	25.5	30.5	M	8	12	40	13
14.87	37.25	11.5	9.87	6.12	29	35.75	40.25	23.12	14.15	14	9.37	15.62	23	25.87	30.5	M	10	14	42	15
15.12	38.75	11.75	10.12	6.25	30.75	37.25	41.75	24	15	14.5	9.62	15.75	23	26.25	30.5	L	12	16	44	17
15.5	40.37	12.12	10.37	6.37	32.5	38.87	43.25	24.87	15.5	15	9.87	16	23	26.75	30.5	L	14	18	46	19
15.75	42.12	12.5	10.62	6.5	34.5	40.5	45	26.25	16	15.5	10.12	16.37	23	27.25	30.5	XL	16	20	48	21

Men's Size Chart

HOUSE OF ONE

Measured in inches. To convert to cm, multiply by 2.54

NECK BASE	CHEST	BICEP	ELBOW	WRIST	WAIST	HIGH HIP	LOW HIP	THIGH <small>CIRCUMFERENCE</small>	KNEE	CALF	ANKLE	ACROSS SHOULDER	ARM	TOTAL RISE	INSEAM	SIZE	UK/US	EU	JAPAN
15.12	34	11.75	10.87	7.12	28.5	32	33.5	20	14	13.5	9.27	16.75	23.85	27.37	32	XS	34	44	36
15.62	36	12.25	11.25	7.25	30.5	32.75	35.5	21	14.5	13.88	9.42	17.12	23.96	27.75	32	S	36	46	38
16.12	38	12.75	11.62	7.37	32.5	34.75	37.5	22	15	14.5	9.62	17.37	24.22	28.25	32	S	38	48	40
16.62	40	13.25	12	7.5	34.5	36.75	39.5	23	15.5	15	9.77	17.75	24.35	28.62	32	M	40	50	42
17.12	42	13.75	12.37	7.62	36.5	38.75	41.5	24	16	15.5	9.96	18.25	24.53	29.35	32	M	42	52	44
17.62	44	14.25	12.75	7.75	38.5	40.5	43	24.75	16.5	16	10.2	18.75	24.64	30	32	L	44	54	46
18.12	46	14.75	13.12	8	41	42.5	44.5	25.5	17	16.5	10.44	19.25	24.8	30.62	32	L	46	56	48
18.62	48	15.25	13.5	8.12	43.5	44.5	46	26.25	17.5	17	10.65	19.75	24.96	31.25	32	XL	48	58	50

This comprehensive list covers the essential tools and equipment needed to sew a garment from start to finish. Investing in high-quality tools will enhance your sewing experience and the quality of your finished garments..

Main fabric, 150cm / 50.06in wide, with a directional print/nap (outer layer + lining)

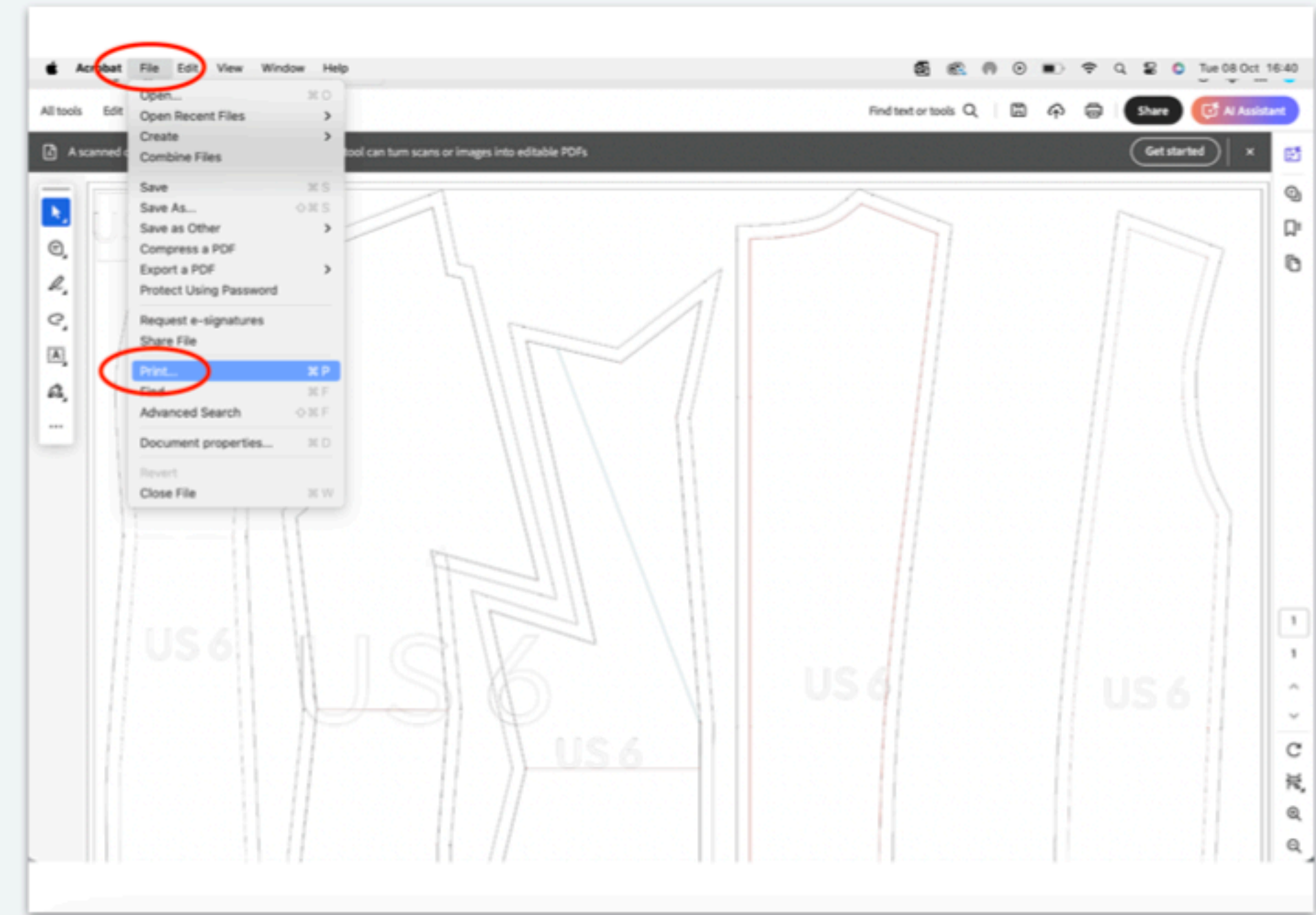
IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

SEWING MACHINE & ACCESSORIES	CUTTING TOOLS	MEASURING TOOLS	PINNING & BASTING TOOLS	SEWING THREAD	PRESSING TOOLS	MISCELLANEOUS
<div><div>1. Sewing Machine: A basic or advanced sewing machine, depending on your skill level. Consider machines with features like multiple stitch options, automatic buttonholes, and a free arm for sewing sleeves.</div><div>2. Sewing Machine Needles: Various sizes (e.g., 70/10, 80/12, 90/14) for different fabrics (universal, ballpoint, stretch, denim).</div><div>3. Bobbins: Extra bobbins compatible with your sewing machine.</div><div>4. Presser Feet: Various presser feet for tasks such as zipper foot, buttonhole foot, and walking foot.</div></div>	<div><div>1. Fabric Scissors: High-quality fabric scissors for cutting fabric cleanly.</div><div>2. Pinking Shears: For finishing edges to prevent fraying (Suitable for lining).</div><div>3. Thread Snips: Small, sharp scissors for cutting threads.</div><div>4. Rotary Cutter and Mat: For precise cutting of fabric, especially for straight lines and curves.</div><div>5. Seam Ripper: For removing stitches or adjusting.</div></div>	<div><div>1. Measuring Tape: A flexible tape measure for taking body measurements.</div><div>2. Ruler: A clear, straight ruler for measuring and marking fabric.</div><div>3. Tailor's Chalk or Fabric Markers: For marking fabric without leaving permanent marks.</div></div>	<div><div>1. Pins: Dressmaker pins and glass-head pins for pinning fabric pieces together.</div><div>2. Clips: Fabric clips for holding multiple layers of fabric without leaving pin marks</div></div>	<div><div>1. Thread: All-purpose polyester thread in various colours. Match the thread colour to your fabric as closely as possible.</div><div>2. Specialty Threads: These include topstitching, invisible, and embroidery threads for specific tasks.</div></div>	<div><div>1. Iron: A high-quality iron with adjustable temperature settings.</div><div>2. Ironing Board: A sturdy, adjustable ironing board.</div></div>	<div><div>1. Hand Sewing Needles: Various sizes for hand stitching tasks.</div><div>2. Thimble: To protect your finger while hand sewing.</div><div>3. Fabric Glue or Fusible Web: For quick fixes and appliqué work.</div><div>4. Dress Form or Mannequin: For fitting and draping fabric.</div><div>5. Tailor's Tape: Adhesive tape for temporary adjustments</div></div>

1.

Open the PDF in Adobe Acrobat:

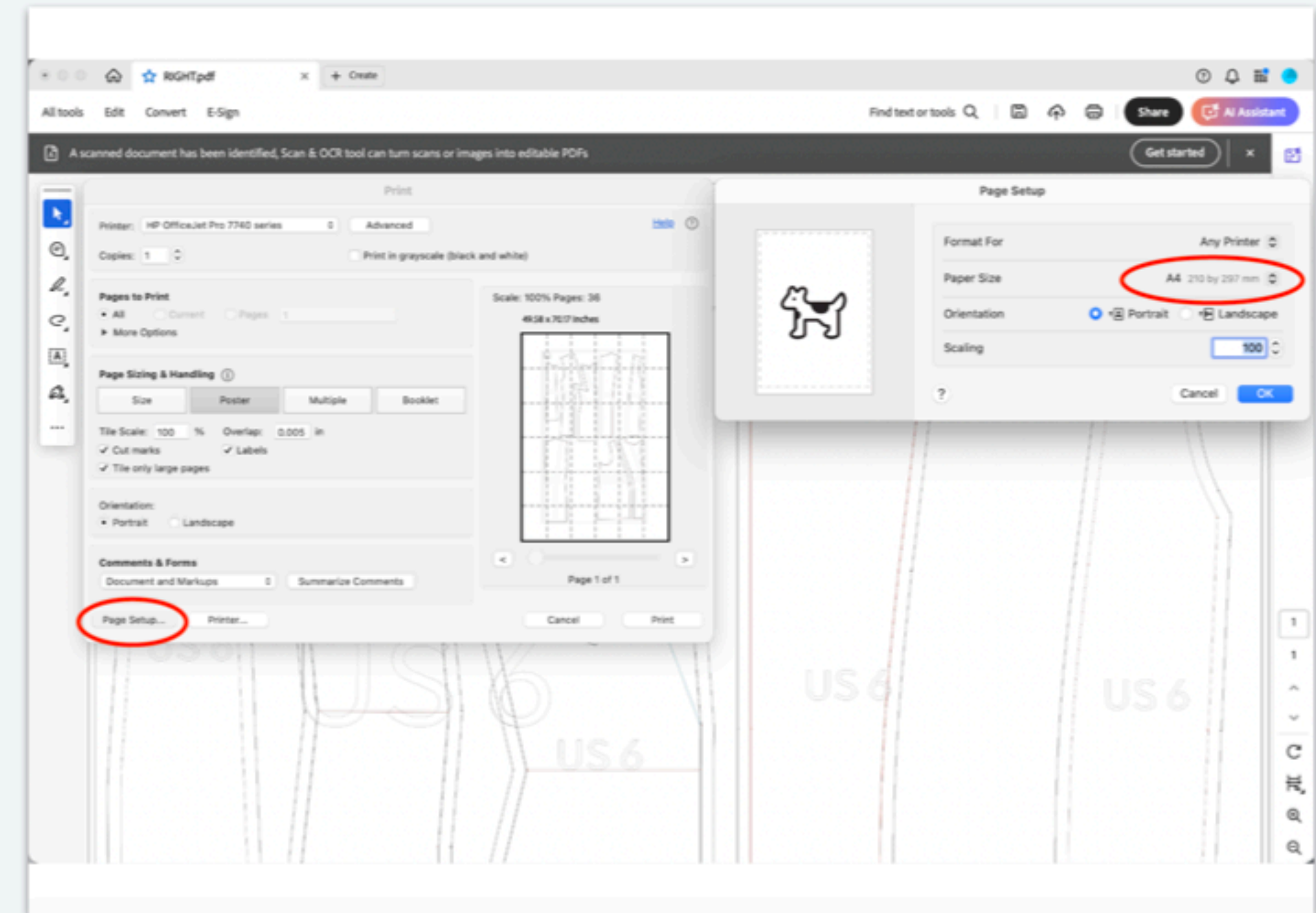
- Launch Adobe Acrobat and open the exported PDF file
- Choose File > Print, or press Command-P



2.

Set Up the Page for Printing:

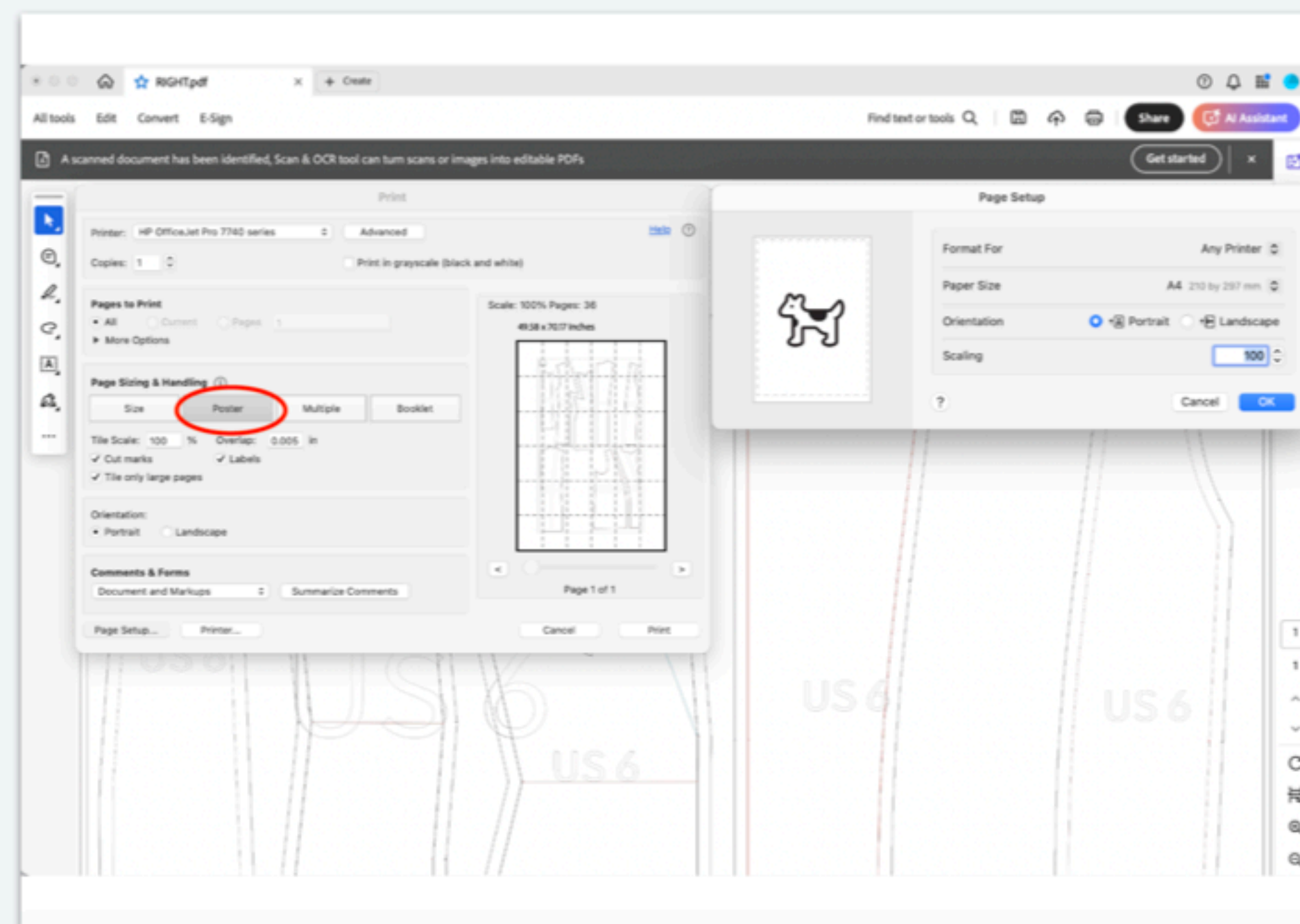
- Go to File > Page Setup
- Choose the paper size you will be using for printing



3.

Set the Image to Poster:

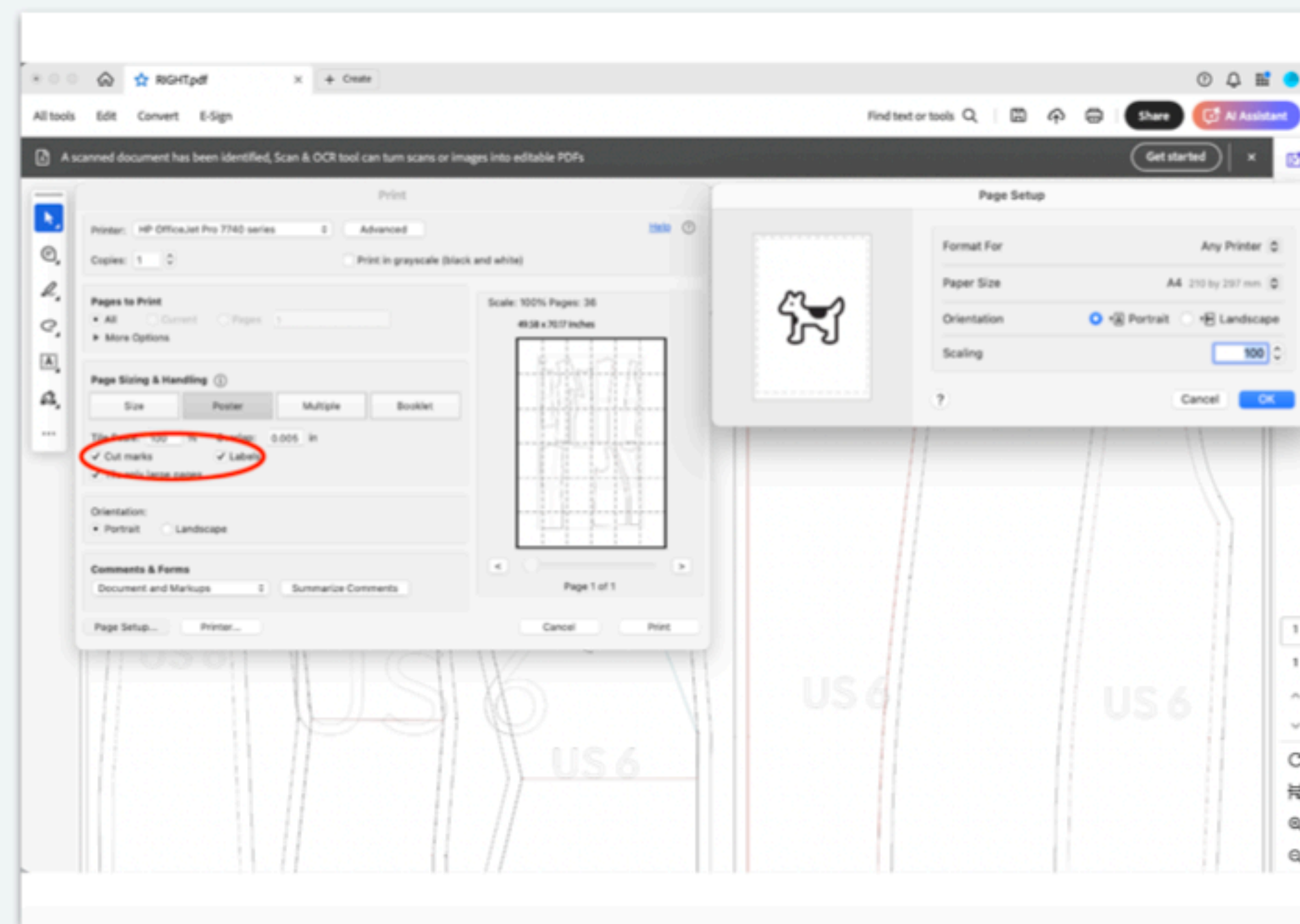
- In the print settings, find and select the Poster option. This will break the larger image into printable sizes



4.

Adjust Overlap and Cut Marks:

- Adjust the overlap as needed if you plan to tape the pages together
- Optionally, you can add cut marks to help align the pages



5.

Print the Document:

- Once all settings are adjusted, proceed to print the document

6.

Verify the Print Scale:

- After printing, use a ruler to measure the 5cm cube on the pattern to ensure it measures exactly 5cm. This confirms that the pattern has been printed to scale

Tips:

- Double-check the exported PDF to make sure all pattern pieces fit within the specified dimensions and the 5cm cube is included
- Use high-quality paper and printer settings for the best results
- Carefully align and tape the printed pages to reconstruct the full image accurately

Printing Instructions for Printing Shop (Roll Printing):

1. Take your PDF file to a printing shop that offers large format roll printing services
2. Inform the printing shop staff that the design needs to be printed on a roll with a width of 890mm at a 100% scale
3. Ensure they set the printer to the correct width and maintain the scale at 100% for accurate dimensions
4. Before finalizing the print, ask to see a preview or a small test section to ensure everything is aligned correctly
5. After printing, use a ruler to measure the 5cm cube on the pattern to ensure it measures exactly 5cm. This confirms that the pattern has been printed to scale

Tips:

- Double-check the exported PDF to make sure all pattern pieces fit within the specified dimensions and the 5cm cube is included
- Communicate clearly with the printing shop staff to avoid any misunderstandings about the print specifications
- Consider printing a small section first to verify the quality and accuracy before printing the entire design